

# CALIFORNIA MENTAL HEALTH STIGMA & DISCRIMINATION REDUCTION ADVISORY COMMITTEE

## Agenda

**Tuesday, February 3, 2009, 10:00 AM to 4:00 PM**

Alumni Center, South State University Drive, California State University at Sacramento

**COMMITTEE GOAL:** To advise the California Department of Mental Health (DMH) and the Mental Health Services Oversight & Accountability Commission (MHSOAC) in the development of the statewide *California Strategic Plan on Reducing Mental Health Stigma and Discrimination*.

#	TIME	ITEM	PRESENTER
1.	9:30	• <i>Registration</i> • <i>Place Parking Permit in Car Window</i> • <i>Lunch payment</i>	
2.	10:00	<b>Welcome</b> <ul style="list-style-type: none"> <li>Agenda, Packet Review, Introductions</li> </ul>	<b>Facilitator</b>
3.	10:20	<b>Workgroup Reference Review &amp; Preparation Reading Time</b> <ul style="list-style-type: none"> <li>Worksheet: Brainstorm Themes &amp; Recommended Action Ideas for each workgroup you will join today</li> </ul>	<b>All</b>
4.	10:40	<b>Directions on Small Groups on Developing Actions for Systems &amp; Organizations</b> <ul style="list-style-type: none"> <li>Guidelines &amp; Ground rules</li> </ul>	<b>Facilitator</b>
5.	11:00	<b>Round 1 of Workgroups</b> <ul style="list-style-type: none"> <li>Development of Actions for Systems and Organizations</li> </ul>	<b>Break-out Groups</b>
6.	12:15	<b>Lunch</b>	<b>All</b>
7.	1:00	<b>Round 1 Gallery Walk</b> <ul style="list-style-type: none"> <li>Carefully Study the Actions Developed by the Break-out Groups</li> <li>Add to Actions with Post-it Notes. One Idea per Post-it Note</li> </ul>	<b>Break-out Groups</b>
8.	1:30	<b>Round 2 of Workgroups</b> <ul style="list-style-type: none"> <li>Development of Actions for Systems and Organizations</li> <li><i>Encouraged to meet in New Workgroup unless continue in am group</i></li> </ul>	<b>Break-out Groups</b>
9.	2:45	<b>Break:</b> <i>You may wish to start the Gallery Walk During the break</i>	<b>All</b>
10.	3:00	<b>Round 2 Gallery Walk</b> <ul style="list-style-type: none"> <li>Carefully Study the Actions Developed by the Break-out Groups</li> <li>Add to Actions with Post-it Notes. One Idea per Post-it Note</li> <li></li> </ul>	<b>All</b>
11.	3:30	<b>Workshops Update</b> <ul style="list-style-type: none"> <li>Flyers</li> <li>Advisory Committee Attendance</li> </ul>	<b>Facilitator</b>
12.	3:45	<b><i>Wrap Up, Meeting Evaluation</i></b>	<b>Facilitator</b>
13.	4:00	<b><i>Adjourn</i></b>	

**MEETING OBJECTIVES:** Identify actions for stigma and discrimination reduction by key systems and organizations.

Pursuant to the Americans with Disabilities Act, individuals who need special assistance to attend or participate may request assistance by calling the DMH Communications and External Affairs Team at (916) 654-2309. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to the meetings. In addition, if you require interpreting or translating services, please contact us two weeks in advance.